

## Rock Valley Invitational

<b>3200M Relay</b>	Boys		Girls	
Varsity	Guenter Schwoerer		Brooke Lonigro	
	Nicholas Knoche		Ashley Phillips	
	Sam Mischio		Crysta Frank	
	Noah Turecek		Jenny Seeliger	
	Peter Aehl	alt.	Ashley Hellenbrand	alt.
	Marcos Kinder	alt.	Maddie Loss	alt.

<b>110 Hurdles</b>	Boys		<b>100 Hurdles</b>	Girls	
Varsity	Tyler Knierem		Varsity	Madison Whiting	

<b>100 Dash</b>	Boys		Girls	
Varsity	Jed Buchholz		Melanie Aust	
	Riley Easland		Mariah Rogers	
			Britanny Broome	

<b>1600M</b>	Boys		Girls	
Varsity	Chris Pahnke		Ashley Hellenbrand	
	Peter Aehl		Ally Smith	

<b>800m Relay</b>	Boys		Girls	
Varsity	Evan Alsmo		Maddy Hess	
	Ben Bjodin		Madison Whiting	
	Author Sommer		Jenny Seeliger	
	Noah Turecek		Brittany Broome	
	Ryan MacDonald	alt.	Kristin Semmann	alt.
	Sam Hanson	alt.	Mariah Rogers	alt.

<b>400M Dash</b>	Boys		Girls	
Varsity	Dietrich Schwoerer		Evelyn Granados	
			Ashley Phillips	

<b>400M Relay</b>	Boys		Girls	
Varsity	Jed Bucholz		Anna Larson	
	Evan Alsmo		Mariah Rogers	
	Ryan MacDonald		Kristin Semmann	
	Riley Easland		Tatiana Mayerhofer	
	Arthur Sommer	alt.	Maddy Hess	alt.
	Ben Sjodin	alt.	Sam Schaller	alt.

## Rock Valley Invitational

<b>300M Hurdles</b>	Boys		Girls	
Varsity	Tyler Knieriem		Madison Whiting	

<b>800M</b>	Boys		Girls	
Varsity	Peter Aehl		Crysta Frank	
	Guenter Schwoerer		Ally Smith	
	Nick Knoche		Kenzie Unke	

<b>200M Dash</b>	Boys		Girls	
Varsity	Arthur Sommer		Evelyn Granados	
	Ben Sjodin		Brittany Broome	
	Riley Easland			

<b>3200M</b>	Boys		Girls	
Varsity	Chris Pahnke		Elisabeth Klummpyan	
	Brandon Hass		Brooke Lonigro	
	Marcos Kinder		Maddie Loss	

<b>1600M Relay</b>	Boys		Girls	
Varsity	Guenter Schwoerer		Maddy Hess	
	Sam Mischio		Jenny Seeliger	
	Nick Knoche		Crysta Frank	
	Noah Turecek		Evelyn Granados	
	Dietrich Schwoerer	alt.	Ashley Phillips	alt.
	Tyler Knieriem	alt.	Ally Smith	alt.

<b>Long Jump</b>	Boys		Girls	
Varsity	Paul Bernhagen		Sam Schaller	
	Enoch Fleming			
	Ryan MacDonald			

<b>Triple Jump</b>	Boys		Girls	
Varsity	Paul Bernhagen		Sam Schaller	
	Enoch Fleming		Tatiana Mayerhofer	

<b>High Jump</b>	Boys		Girls	
Varsity	Sam Hanson		Heidi Hartmann	

<b>Shotput</b>	Boys		Girls	
Varsity	Mitch Brooks		Libby Cook	
	Jakob Ebbert		Maddie Barton	

# Rock Valley Invitational

<b>Discus</b>	<b>Boys</b>		<b>Girls</b>	
Varsity	Mitch Brooks		Libby Cook	
	Davis Kenyon		Maddie Dimeo	
			Katie Rounds	

<b>Pole Vault</b>	<b>Boys</b>		<b>Girls</b>	
Varsity	Jacob Sam		Cora Stube	
	Ryan Stube		Lexi Richardson	